

Attention All Pee Wee Players



'09 Checking Clinics



Mandatory for all 1st year Pee Wee Players, 2nd yrs Welcome

"It can be fun and must be safe, come learn the essential skills and smarts concerning body contact".

To play at SJHA in the Pee Wee Division, you *must* take the SJHA checking clinic, prior to the season. No exceptions!

(SJHA will offer 2 clinics this summer. Space is limited to allow all Pee Wee Players to participate)

Why Checking Clinics are Mandatory? Safety & Success!

1. Squirts moving into Pee Wee have had no or limited formal body contact instruction.
2. Over 80% of all injuries in USA Hockey occur between Pee Wee and first year Bantam.
3. 2nd year Pee Wees need to continue to develop safe playing skills.
4. Players need to learn how to respect the safety of themselves and their opponent.
5. Players need to learn how to control the puck in physical game situations.

Parents! You are encouraged to attend the classroom session of the clinic.

Coaches Notice! If you are planning to coach at the **Pee Wee level for 2009 - 10** you are required to attend these checking clinics. All coaches are encouraged to attend.

Cost: \$40

Players must attend all portions of the clinic, on ice and class room, to receive credit for the class

Clinic #1	Wednesday	May 27 th	Class Room	7:15 - 8:15pm	LIC
	Wednesday	May 27 th	On-Ice	5:45 - 7:00pm	LIC
	Thursday	May 28 th	On-Ice	8:45 - 10:00pm	OVA
Clinic #2	Monday	July 13 th	Class Room	7:55 - 8:55pm	LIC
	Monday	July 13 th	On-Ice	6:25 - 7:40pm	LIC
	Tuesday	July 14 th	On-Ice	6:25 - 7:40pm	LIC

Checking Clinic 2009 Registration

1. E-mail admin@sjha.com Or, mail in form. Receipt will be provide via e-mail
2. Registration: 1st night arrive a minimum of 10 minutes prior to classroom session.

Name: _____ DOB: _____

Address: _____

Ph.: _____ E-Mail _____

Clinic you wish to attend *: #1 #2 * Players will be assigned to the next clinic if 1st choice is sold out.

Checks (**\$40.00 Fee**) payable to SJHA

Mail to: SJHA Checking Clinic, 7012-220th St. SW, Mountlake Terrace, WA 98043